



**Course Syllabus for
Counseling Practicum (COUN 630)
August 27th to December 10th
Fall 2008
Wednesday, 6:00 p.m. – 8:30p.m.**

Instructor: Kara A. Kaelber, M. A. Ed., PCC-S
Phone: 330-730-3721
Email: kkaelber@malone.edu

Catalog Description:

Counseling Practicum is a one-semester, supervised counseling experience in which students serve as counselors-in-training at pre-arranged sites appropriate to their program emphases. Practicum consists of a minimum of 100 clock hours. A minimum of 40 hours of direct counseling (individual and /or group) is required. Students receive one hour of face-to-face supervision with a qualified site supervisor during the duration of the practicum. Class supervision involves case presentations of recorded (minimum of 5) counseling sessions to develop case conceptualization and related interventions. In addition, this course provides for the integration of their on-site counseling experiences with the theories, treatment process, and ethical issues learned in previous counseling courses. Both the site supervisors and the college supervisors complete formal evaluations of the students' performance upon completion of the practicum experience. 3 semester hours Prerequisites for Community Counseling: COUN 544, 561, 562, 567, 622, 626, 628, EDUC 503; School Counseling: COUN 545, 561, 562, 567, 661, 664, EDUC 503.

Note: The schedule and procedures in this course are subject to change in the event of extenuating circumstances.

Course Objectives:

I. Knowledge

The student will:

- A. Define his/her personal model of counseling integrating theory and practice.

- B. Identify the roles of counseling in a clinical setting.
- C. Understand the legal, ethical, and professional issues confronting the counseling profession.

II. Skills

The student will:

- A. Demonstrate basic counseling skills in generating dialogue with clients.
- B. Explain and integrate counseling theories into his/her practice.
- C. Develop the ability to perform a thorough assessment interview.
- D. Keep accurate records including, but not limited to: progress notes, releases of information, assessment summaries, discharge summaries, letters to referral sources, and case consultations.
- E. Recognize the limitation of counseling and the role of a counselor and practice ethically, legally, and morally within the code of ethics and legal parameters set forth for the profession.
- F. Demonstrate cultural competence in working across cultures.

III. Attitudes and values

The student will:

- A. Be aware of how their personality traits affect counseling strategies.
- B. Display the core considerations as the basis for counseling and for forming the therapeutic alliance.
- C. Assume professionalism at all times using their sense of ethics and morality.
- D. Know and follow the legislation on confidentiality.
- E. Embrace a style of building rapport which encompasses a culturally sensitive attitude.

Instructional Strategies:

The learning process will be achieved through various means including: lecture, experience, case discussion, reading and writing. During weekly class, students will be expected to bring videotapes for review with the practicum instructor. Additional individual meetings between the practicum instructor and each individual student may also be arranged during the semester as needed. Furthermore, each student is expected to meet one hour per week with his/her on-site supervisor.

Required Text:

Articles to be distributed in class.

Practicum Requirements:

According to the Counselor Licensing Law in Ohio (ORC 4757-13-01-iii), practicum is to consist of no less than one hundred hours of which forty hours are direct, face-to-face contact with clients. The supervisor's critique of the student's work will take place through face-to-face contact. The training supervisee's work will be reviewed and critiqued through live supervision, video, or audio tapes.

Whatever hours are not being spent on direct contact with clients must be devoted to activities directly relating to counseling (i.e. case notes, treatment planning, case conference, professional development, etc.). All practicum hours must be completed within the semester for which the trainee is registered for the practicum course. Hours toward Internship can be accumulated once the hours are met for practicum. A student can accumulate up to 20% of the total direct (240) and indirect (360) hours required during internship. Therefore, one could potentially accrue 48 additional direct and 72 additional indirect hours toward internship during the semester of the student's practicum.

Assignments:

Case Presentations: You will need to present a minimum of 5 videotapes from your sessions cued to play for the class. (One session can be presented without a video, but the same form must be turned in at the time of case presentation) This "cued" place in the tape can be a concern you have, a success you accomplished, a question you have about a technique, or other areas of interest to you (e.g. What might be other optional interventions?). You need to be prepared for feedback from both peers and the practicum instructor. This feedback should become a part of your subsequent sessions with clients, **when applicable**, and should be heard/seen in future tapes brought to class. Use the Case Presentation Form (at the end of the syllabus) for each case you present.

Site report: You will need to write a one page report describing your clinical site, client population, types of services, counseling activities, and professions of the clinical staff. Also include the name of your supervisor, his/her telephone number, and your supervisor's license and credentials. **This is due the first class we or as soon as you have begun working at your site.**

Interview of Counselor at Site: You will "interview" a counselor at the site who is working full-time. This interview is the opportunity for you to find out what it is really like to work as a counselor for that agency. You may want to ask about what the person most likes about his/her job; the hours that are worked; that person's style of counseling; and any other information that you would want to know.

Journal Entries (6): Please turn in 6 journal entries which will help you reflect on your thoughts and feelings as you work through the Practicum experience. These are to be one page double spaced. You will want to reflect on your feelings as you begin seeing clients; any concerns you have as you begin; your own strengths and areas for growth; counter transference issues which may occur; your supervision and class needs and expectations; and reactions to the readings from the book.

Weekly Log: Each week, you will need to maintain and submit a log detailing the hours you have accumulated by various categories. This form will be distributed on the first day of class.

Participation: Your full participation is expected in this course. In this course you will be asked to be self evaluative, reflective, process-oriented and have the ability to provide

constructive feedback to your fellow classmates. This experience is meant to provide a format for you to improve on your existing skills and to develop additional skills.

Grading:

Case Presentations (5 @ 20 points)	100
Site Report	10
Interview	10
Journal Entries (8 @ 10 pts)	80
Weekly Log	40
<u>Participation and skill practice</u>	<u>60</u>
TOTAL	300

Grading Scale:

279-300	A
270-278	A-
264-270	B+
249-263	B
240-249	B-

Anything less than 240 is comparable to a C or lower, and will result in the course being repeated until an adequate grade is earned, as a grade of a “C” or lower is not acceptable for licensure.

Graduate Study Attendance Policy:

Students are expected to be punctual and uphold 100% attendance due to the intensive format our courses. In the event of an emergency or illness or other significant conflict, students are responsible for notifying the professor and for fulfilling all class requirements according to the professor’s directions.

Absence from one Saturday class may be excused provided only that the student:

- 1) Expresses in writing to the professor (copy to the Director of Counselor Education) an acceptable reason for the absence;
- 2) Receives permission from the professor;
- 3) Agrees to do all make-up work required by the professor. Absence from two or more classes in a course, if unexcused, will result in a failing grade.

Academic Integrity Policy:

This course is governed by the Malone College Academic Integrity Policy. Students are responsible for reviewing this policy in the Graduate Student Handbook.

Course Outline & Summary

August 27

Review syllabus

Due: Site Review

Orientation to Practicum

September 3

Case Presentation(s)

Due: Journal #1

Due: Weekly log

September 10

Case Presentation(s)

Due: Journal #2

Due: Weekly log

September 17

Case Presentation(s)

Due: Weekly log

September 24

Case Presentation(s)

Due: Journal #3

Due: Weekly log

September 30

Case Presentation(s)

Due: Weekly log

Due: Midterm Supervision Evaluation

October 8th

Case Presentation(s)

Due: Journal #4

Due: Weekly log

October 15th

Case Presentation(s)

Due: Interview

Due: Weekly log

October 22nd

Case Presentation(s)

Due: Journal #5

Due: Weekly log

October 29th

Case Presentation(s)

Due: Weekly log

November 5

Case Presentation(s)

Due: Journal #6

Due: Weekly log

November 12

Case Presentation(s)

Due: Weekly log

November 19

Case Presentation(s)

Due: Journal #7

Due: Weekly log

November 26

Case Presentation(s)

Due: Weekly log

December 3

Case Presentation(s)

Due: Journal #8

Due: Weekly log

December 10

Case Presentation(s)

Due: Weekly log

Due: Final Supervisor Evaluation Form

CASE PRESENTATION FORM

COUNSELING PRACTICUM

Name: _____

Presentation Number 1 2 3 4 5

Date: _____

First Name of Client: _____

Session Date: _____

Relevant demographics and background:

Presenting concern(s) bringing person to counseling:

Number of times you have seen client: _____

Current behaviors or issues:

Issues/questions you have regarding the case:

1. _____
2. _____
3. _____

Goals:

1. _____
2. _____
3. _____

Critique (positives and negatives) of the portion of tape you are presenting:
