



Course Syllabus for: Addictions Counseling Summer II, 2008

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Location: Mitchell Hall, Room #307

Course Number: COUN 641 (3 semester hours)
(Prerequisites: COUN 561 & 562)

Catalog Description: This course is designed to provide the student with a working knowledge of chemical dependency and other related addictions through lectures, case histories, research findings, and discussions. Assessment instruments and techniques will be presented. Recognition of mental health problems (e.g. depression, suicidal ideation) requiring consultation or referrals will be discussed as well as the identification of community resources, agencies and services available for clients with addiction related problems. Effects of an addiction upon not only the client but also the family and significant others associated with the client will also be examined.

Course Objectives:

I. Knowledge

The Addictions Counseling student will:

- A. Identify the signs and symptoms of addiction. [EG: 3]*
- B. Identify each classification of drug that is abused and speak to its main effects on the body. [EG: 3]
- C. Understand the legal and ethical issues related to the treatment of addictions. [EG: 3 & 10]
- D. Identify the kinds of treatment that are currently and have been historically used with substance abusers. [EG: 3 & 4]

II. Skills

The Addictions Counseling student will:

- A. Develop interview skills to assess substance abuse treatment necessity and issues. [EG: 4]
- B. Demonstrate how to assess and utilize a complete chemical use history (as well as other behavioral addiction history). [EG: 4]
- C. Develop the ability to write an initial treatment plan for a person who is chemically dependent. [EG: 6]
- D. Practice motivational interview skills in a role-play regarding the assessment of the client's use history and his/her related consequences to the use. [EG: 6]

III. Dispositions

The Addictions Counseling student will:

- A. Increase his/her awareness about his/her prejudice and biases concerning people who are chemically dependent. [EG: 1, 5, 9, & 10]
- B. Increase his/her sensitivity to the differing cultural presentations that are represented by those who are addicted. [EG: 5]
- C. Increase his/her appreciation for the addicted person's experiences and for those who treat and love these people. [EG: 1, 5, & 10]
- D. Display a core value for the confidentiality of clientele who are addicted. [EG: 1, 5, 6, 9, & 10]
- E. Demonstrate an appreciation for the documentation that is required to complete the assessment for treatment. [EG: 3, 4, & 7]

*Denotes Educational Goals (EG) addressed in this objective.

Assignments:

Reading: Although there is no exact measure of how much you read in the required texts, you will be evaluated as to your knowledge of the material through the use of examinations. Please be aware that **the reading for this course is very heavy** and it may be useful to begin the reading prior to the class commencing.

Habit Journals: As all of us have habits we would like to change, you will need to identify a habit (or you may consider it your own "addiction") that you will address during this course. You do not need to specifically state what the behavior is, but you will need to speak to specific questions related to this issue. The first set of questions you will address, **due the first day of class**, can be found on Doc Sharing on eCompanion. The first Habit Journal is worth 25 points. Each journal thereafter is worth 15 points. You will be graded on your willingness to self-explore, your depth of reflection, and your ability to interactively apply the material to your own situation.

Research Paper: This is a standard topical, research paper, which can be done on any topic related to addictions. It will need to be written in APA

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format and be a minimum of ten pages long utilizing seven or more professional references. The paper should argue clearly all sides of the issues and each point needs to be supported with references. Additionally, given the format of the course schedule, it would be wise for you to come to class the first night with a topic in mind. Topics will generally be granted on a first-come-first-serve basis. See attached handout with suggested topics below, other topics are welcomed. The guidelines for this paper can be found in Do Sharing.

Article for Classmates: Upon completion of your Research Paper, you will need to select one of the articles (or chapters of a book) you used as part of your research to copy for all other class members and the instructor. This process will provide an immediate compendium of articles relevant to the field of school counseling for all students. Please put your name on the copy you turn in to this professor.

Field Research: You will need to “go out in the field” of this profession and experience something of it first hand. You will then write a summary of the experience(s) as instructed. See options below.

Tests:

Unit Tests: Two tests will examine your knowledge of the information discussed in class and the readings (see Course Schedule for dates).

Final: This comprehensive final will be used to evaluate your knowledge and your implementation of a substance abuse assessment as well as your ability to plan treatment for the identified clientele.

Required Texts:

Doweiko, H. E. (2009). *Concepts of chemical dependency* (7th ed.). Pacific Grove, CA: Brooks/Cole.

May, G. G. (1988). *Addiction and grace*. New York: Harper Collins

Participation:

Please note that your attendance and participation in this class is important to developing an identity as a professional counselor. Therefore, absences and lack of involvement in class discussions and activities will be counted against your total grade.

Graduate Attendance Policy:

Students are expected to be punctual and 100% in attendance, especially in Saturday courses, because of the intensive format. In the event of an emergency or illness, students are responsible for notifying the professor and for fulfilling all class requirements according to the professor's directions. Absences will directly affect your final grade. Absence from two or more classes in a course, if unexcused, will result in a failing grade.

Grading:

Topic paper	100
Article for classmates	10
Field Research	75
Habit Journals	85
Test One	30
Test Two	40
Test Three	30
Final	100
Participation	30
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TOTAL Possible	500

Grading Scale:

<u>Percentage</u>	<u>Grade</u>
100%--96%	A
95%--93%	A-
92%--89%	B+
88%--85%	B
84%--82%	B-
81%--79%	C+
78%--75%	C
74% or below	F
74% or below	F

NOTE: Any assignment turned in later than the established due-date is subject to a 10% reduction in points for the given assignment for each day it is later than the stated date due.

Potential Topics for Research Paper

Women and chemical dependency

Fetal Alcohol Syndrome

Pick any specific drug and discuss its use and treatment implications

Effectiveness of varying modalities of treatment

Sexual addiction

Adult children of alcoholics (drug addicts)

Children of addicts

Dual diagnosis issues (i.e. suicide, depression, anxiety, a personality disorder, etc.)

Medications used to help addicts recover

Rational recovery

Alcoholics Anonymous (or other twelve-step groups)

Any particular theoretical approach to addiction treatment (i.e. cognitive/behavioral, psychoanalytic, narrative therapy, etc.)

Prevention models or programs and their effectiveness

Suggest any other topic of interest