



## Course Syllabus for Clinical Counseling Internship I & II Summer 2008

**Instructor:** Brock M. Reiman, Ph.D., PCC-S, LICDC,  
Psychologist, Professional School Counselor

Office hours: By appointment  
Phone: Campus: (330) 471-8404  
Home: (330) 493-1348  
Email: breiman@malone.edu  
Fax: (330) 471-8343

**Course Numbers:** COUN 685 & 686 (3 semester hours each)

**Prerequisites:** COUN 630 for COUN 685 and COUN 685 for COUN 686

### COURSE DESCRIPTION

Internship is contingent upon the successful completion of Practicum. Clinical Internship is intended not only to provide the student with counseling experience, but with greater exposure to all aspects of the professional role and functioning of a Licensed Counselor. Internship will consist of a variety of practical clinical experiences in the delivery of mental health services to clients. It will also include administration, record keeping, case consultation, referral, community outreach, and group work. State of Ohio Counselor Rules 4557-13-01-(I) define the supervised Internship as having no less than **600 hours** of field experience, of which **240 hours** must be in direct services to clients which include the diagnosis and treatment of mental and emotional disorders and conditions. The direct service hours with clients must be face-to-face. The remaining balance of the 600 hours needs to be in activities directly related to counseling (i.e. case notes, treatment planning, staff meetings, observations, consultation, referral, etc.). Characteristics that will be helpful to students are: a developing knowledge of self, a willingness to learn, an ability to be flexible and change, and an acceptance of the differences in self and others.

### COURSE OBJECTIVES

1. To develop the ability to diagnose client problems using interview skills, the DSM-IV classifications and assessment instruments (where appropriate).
2. To apply the process and techniques of counseling derived from counseling theory.

3. To facilitate resolution of client problems through the counseling process
4. To develop and carry out realistic treatment plans and goals based on client needs and resources.
5. To begin to develop one's own counseling style based on sound theoretical therapeutic modalities.
6. To acquire the ability to maintain counseling records and to write case notes.
7. To develop case presentation and case summary skills.
8. To increase understanding of self as a counselor and a person.
9. To improve on skill areas identified as needing improvement in previous Practicum and/or Internship I experiences.
10. To understand legal, ethical, and professional issues confronting the counseling profession.
11. To develop interpersonal and intercultural skills needed to successfully work with a variety of clients of differing races, genders, religious, and cultural beliefs, socioeconomic status, customs, and literacy levels.
12. If the setting is appropriate, the student may fulfill the following goals:
  - a. To display knowledge and skill in the use of measurement or appraisal instruments.
  - b. To display knowledge and skill in carrying out placement of clients to community referral agencies.
  - c. To display knowledge and skill in group counseling techniques.
  - d. To display knowledge and skill in applying family counseling techniques.
  - e. To display knowledge and skill in applying substance abuse counseling techniques.
  - f. To display knowledge and skill in apply child counseling techniques.
  - g. To display knowledge and skill in using consultation skills effectively.

## TEXT

Journal articles will be distributed in class by the professor.

## COURSE REQUIREMENTS

1. Class attendance and participation are required.
2. Students will be expected to apply counseling skills and techniques to the counseling relationship.
3. Students are expected to participate in the activities of the Internship site and meet the hourly requirements prescribed by the Ohio Counselor Board.
4. A weekly activity log should be submitted each class session for review and inclusion in your student file (keep a photocopy of all of your weekly logs).
5. Weekly supervisory sessions with your site supervisor are required. The primary focus of your supervisory sessions needs to be audiotapes of your work with your clients. **(Self-report of client sessions alone is strongly discouraged)**
6. Each Community Counseling student is responsible for obtaining malpractice coverage (this is available through ACA – check the website).
7. Students enrolled in Internship I (COUN 685) will be expected to present **two** cases in a clinical case presentation format (see instructions below).

7. Students enrolled in Internship II (Coun 686) will be expected to present **one** Ethical Case Study (see instructions below).

## **ASSIGNMENTS**

### **Clinical Site Report:**

This paper is to be 1-1½ pages in length. Please describe your clinical site, client population at your site, types of services and counseling activities that occur at your site, and the professional make-up of the clinical staff. Please include the name of your supervisor, his/her telephone number, and your supervisor's license and credentials.

### **Internship Activity Logs:**

As in Practicum, these logs are an overview of hours clocked toward the completion of the Internship experience. Logs are to be turned at each class meeting with the Site Supervisor's signature.

### **COUN 685 Students**

#### **Clinical Case Presentation:**

You are to present a client whom you have been seeing. The clinical case presentation needs to include the following:

- 1) a brief description of the client,
- 2) the client's presenting problem including any pertinent history related to the presenting problem,
- 3) a DSM-IV multiaxial diagnosis,
- 4) the client's current treatment plan,
- 5) the client's progress or lack of progress towards the treatment goals,
- 6) the identification of two clinical concerns/questions you have about the client or your work with the client. You are to allow 45 minutes for your presentation and discussion. **Please make enough copies to be distributed in class.**

### **COUN 686 Students**

#### **Ethical Case Presentation:**

All COUN 686 students are to prepare a 45-minute Ethical Case Study presentation for the class. The case study is to illustrate a legal/ethical situation that you have encountered in your work with your current clients. **The clinical legal/ethical dilemma is defined as a clinical situation involving a choice between equally unsatisfactory alternatives or a clinical situation that does not appear to have a satisfactory solution.** In your presentation the class must be able to understand the decision-making process you employed to arrive at the course of action that you followed. The format to be used is as follows:

1. Description of the client(s).
2. Description of the presenting problem(s).
3. Multiaxial DSM-IV diagnosis.
4. Treatment Plan.
5. Description of the legal/ethical situation.
6. Description of the various issues involved in the legal/ethical situation

You are to note at least two alternatives that are available to resolve the situation.

7. Your plan to resolve the legal/ethical situation.

Note: Items 1 and 2 can be brief but need to be in narrative form. Items 5, 6, & 7 need to be in narrative form.

**Please make enough copies for distribution in the class.**

As a resource you can use Issues and Ethics in the Helping Professions by Corey and Corey, 5<sup>th</sup> or 6<sup>th</sup> edition. There are other legal/ethical textbooks in the library.

### **Learning Contract:**

Students who are registered for Internship II (COUN 686) will submit a Learning Contract to be completed with feedback from your site supervisor. This contract is to contain the following items:

1. Strengths and areas of improvement noted during Practicum and Internship I.
2. Areas of desired clinical counseling skill improvement.
3. Areas of diagnostic weakness to improve.
4. Specific treatment approaches to enhance.
5. Any personal issues that should be addressed to enhance effectiveness as a future counselor.

The Learning Contract is meant to be a collaborative document between the student, the instructor, and the site supervisor for the purpose of enhancing the student's skills and understanding of counseling. The Learning Contract needs to be typed and three total copies made for the following: one for your supervisor, one for your course instructor, and one for yourself.

### **ATTENDANCE POLICY**

Students are expected to be punctual and uphold 100% attendance especially in Saturday courses due to their intensive format. In the event of an emergency or illness or other significant conflict, students are responsible for notifying the professor and for fulfilling all class requirements according to the professor's directions. Absence from one Saturday class may be excused provided only that the student: 1) expresses in writing to the professor (copy to the Director of Graduate Education) an acceptable reason for the absence; 2) receives permission from the professor; and 3) agrees to do all make-up work required by the professor. Absence from two or more Saturday classes in a course, if unexcused, will result in a failing grade.

### **ACADEMIC INTEGRITY POLICY**

Students will be governed by the academic integrity policy found under the Graduate Office section of the website.

## **CLASS SCHEDULE**

**NOTE:** All classes will convene at 6:00 until 8:30 unless otherwise announced.  
The class will meet in the Counseling Training Center.

### **May**

14<sup>th</sup> **Clinical Site Reports DUE (ALL)**  
Overview of Internship

28<sup>th</sup> **Learning Contracts DUE (Internship II only)**  
Articles distributed

### **June**

11<sup>th</sup> **Mid-Term Site Supervisor Evaluations DUE**  
Case Presentations  
Article discussion

25<sup>th</sup> Case Presentations  
Article discussion

### **July**

9<sup>th</sup> Case Presentations  
Article discussion

23<sup>rd</sup> **Site Supervisor Evaluation DUE**  
Case Presentations  
Article discussion