



COUN 682: Abnormal Psychology
Spring Term I, 2008
Course Syllabus

Course Description:

This course will introduce graduate students to issues in psychopathology and psychological classification (nosology). Student will be prepared for the follow-up course that involves using the Diagnostic Statistical Manual of Mental Disorders, Fourth Edition Text Revision (DSM-IV TR). Theories about psychopathology, clinical syndromes, etiology, prevention, and treatment are explored. Legal and ethical issues are also explored.

Instructor: Brando Tupaz, PCC-S, Ph.D. Candidate
Office: 216-831-8520 xt. 2351
Cell Phone: 440-655-9641
E-mail: btupaz@beechbrook.org

Prerequisites:

COUNSELING:	Coun 561 (Theories) Coun 562 (Techniques)
CMC:	Cmc 562 (Past. Coun I) Cmc 563 (Past. Coun II)

Required Text: Butcher, J.M., Mineka, S., & Hooley, J. (2004). *Abnormal Psychology* (13th Ed.). Boston, MA: Allyn & Bacon.

Course Objectives:

1. Acquire knowledge of historical views of abnormal and maladaptive behavior
2. Acquire knowledge of theories of abnormal behavior
3. Acquire knowledge of the various treatments such cognitive, behavioral, and psychodynamic approaches of psychological disorders
4. Acquire familiarity of the classifications and nosologies of psychiatric disorders

5. Gain awareness of the ethical, legal, and professional issues involved with the classification and treatment of abnormal behavior
6. Acquire knowledge of the basic characteristics of various mental disorders
7. Begin to understand the relationship between abnormal psychology, classification, and the diagnostic process.

Attitudes and Values:

1. Appreciation for theoretical perspectives on mental disorders
2. Appreciation for the etiology of mental disorders
3. Sensitivity for the individuals and the humanness of those who may suffer from mental disorders and other conditions
4. Awareness of labeling effects, biases, and stereotypes on consumers of mental health services
5. Awareness of the impact of gender, race, religion, ethnicity, and culture on the understanding and classification of abnormal behavior and mental disorders

Evaluation Criteria and Procedures

1. **PARTICIPATION:** Each student is responsible for attending and participating in all class meetings including class discussions, possible role-plays, and other activities.
2. **GROUP ACTIVITIES:** Class meetings will include a group activity to assist in the learning process. Groups will consist of approximately 4 students. Each student will have an opportunity to be the lead facilitator of the group. Each group as a whole will be evaluated and earn the same point value. The nature of the group activity will be based on the learning needs of the class and therefore will be determined on an ongoing basis.
3. **QUIZZES:** There will be 4 quizzes worth 5 points each. Quizzes will consist of short answer questions or multiple choice questions. The quizzes are intended to challenge students on a fundamental level in preparation for the midterm and final exam. The content of the quizzes will review previous material and serve as a prelude to upcoming material.
4. **MIDTERM EXAM:** The midterm exam will consist of 30 multiple-choice questions worth ½ point each and 2 short essay questions worth 2 points each. Extra credit is built into the exam.
5. **FINAL EXAM:** The comprehensive final exam will consist of 40 multiple-choice questions worth half a point each and 2 short essay questions worth 2 points each. A review will be provided. Extra credit is built into the exam.

The final grade will be made by the instructor based on the following system:

	<u>Points</u>
Participation	5
Group Activity #1	10
Group Activity #2	10
Group Activity #3	10
Group Activity #4	10
4 Quizzes (5 points each)	20
Midterm	15
Final Exam (Comprehensive)	<u>20</u>
Total =	100

<u>Date</u>	<u>Chapters, Topics, & Activities</u>
1/12	Abnormal Psychology: An Overview Historical and Contemporary View of Abnormal Behavior Causal Factors and Viewpoints Clinical Assessment Activity: Stereotypes and the Media Quiz #1
1/19	Stress and Adjustment Disorders / Health Problems and Behavior Panic, Anxiety and Their Disorders Mood Disorders and Suicide Quiz #2 Group Activity #1
1/26	Somatoform and Dissociative Disorders Eating Disorders and Obesity Personality Disorders Addiction Disorders Quiz #3 Group Activity #2 Review for Midterm
2/02	No Class
2/09	Midterm Exam Sexual Variants, Abuse, and Dysfunctions Schizophrenia and Other Psychotic Disorders Group Activity #3

2/16 Cognitive Disorders
Disorders of Childhood and Adolescence
Therapy
Quiz #4
Group Activity / Review for Final Exam

2/23 **Final Exam**

Graduate School Saturday Attendance Policy:

Students are expected to be punctual and 100% in attendance especially in Saturday courses because of their intensive format. In the event of an emergency or illness or other significant conflict, students are reasonable for notifying the professor and for fulfilling all class requirements to the professor's directions. Absence from one Saturday class may be excused provided ONLY that the student:

1. Express in writing to the professor, with a copy to the Director of Graduate Education, an acceptable reason for the absence;
2. Receives permission from the professor, and
3. Agrees to do all make-up work required by the professor.

* Absence from two or more Saturday Classes in a course, if unexcused, will result in a failing grade.

Modes of Instruction:

1. Classes will consist of lectures complimenting the text. Students are highly encouraged to review the chapters prior to class as lectures will serve to highlight and not substitute for reviewing the text.
2. Interactive discussion will be facilitated to challenge students' understanding and previous notions regarding abnormal psychology.
3. In-class activities will be used to enhance understanding of issues and topics.
4. Videotapes describing and demonstrating issues in abnormal psychology will be used.
5. When possible, guest speakers will present material to supplement and enhance discussions.
6. Contemporary projects will be presented by students.

Academic Integrity Policy:

Malone graduate students are subject to Malone's academic integrity policy.