**Autobiography for Counseling and Human Development**

Please write an autobiography which will include the following:

-A description of your family of origin
-Significant life experiences that have shaped you
-A situation in which you were involved in helping another person in crisis
-The factors that you believe have influenced your decision to pursue a career as a professional
 counselor.

This autobiography needs to be a minimum of two pages and maximum of three, single-spaced, typewritten pages.

The autobiography can be sent to your admissions counselor as an attachment. ***We keep this
strictly confidential. After the admission process, the document is shredded.***