

Do you feel sick?

HERE IS WHAT TO DO.

STAY HOME.



FEEL UNWELL? ILL? A BIT OFF?

Stay home or in your dorm room.
Get some rest.

CALL.

THE STUDENT HEALTH CENTER

330-471-8340

If your symptoms grow worse, contact the Malone Student Health Center and/or your local doctor for guidance.

If you have COVID-19 symptoms:

- Stay in place. It will be likely that you'll need to self-quarantine for 14 days.
- Call the Student Health Center.
- The Nurse will give you further instructions when you call.
- If you are on campus and it's outside of normal business hours, call our Safety office: 330-471-8111 or consult local health professionals.

COMMUNICATE.

EMAIL YOUR PROFESSORS

Let your profs know if you are going to be absent from class.

If you miss more than 3 days of class,
please contact Becky Albertson (Provost's Assistant) in the PROVOST'S OFFICE
You can email her at: balbertson@malone.edu.

You will need to provide a medical slip.

This office will send a notification to your professor's and the Center for Student Success of your absence.

AVOID CONTACT.

TRY TO AVOID FACE-TO-FACE CONTACT.

- Phone the Student Health Center for guidance.
- Email your professors. If absent more than 3 days, email the Provost's Office.
- Email your Resident Director or Resident Assistant if you live on campus.



QUESTIONS: EMAIL RESIDENCELIFE@MALONE.EDU

HEALTH CENTER: 330-471-8340

SAFETY OFFICE; 330-471-8111

MENTAL HEALTH COUNSELORS: 330-471-8711

STUDENT DEVELOPMENT: 330-471-8273

CORONAVIRUS SYMPTOMS

- People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.
- Symptoms may appear 2-14 days after exposure to the virus.
- People with these symptoms may have COVID-19:
 - Fever or chills*
 - Cough*
 - Headache*
 - Sore Throat*
 - Nausea*
 - Congestion/Runny Nose*
 - Shortness of breath or difficulty breathing*
 - Fatigue, muscle or body aches*
 - New loss of taste or smell*
 - Diarrhea*

STOP THE SPREAD.

LATHER UP.

WASH YOUR HANDS FREQUENTLY AND FOR 20 SECONDS.

THE CHORUS OF TRUTH HURTS BY LIZZO IS ABOUT 20 SECONDS. START SINGING THERE & WASH THOSE HANDS.

DISTANCE.

AVOID THE CROWD WHERE POSSIBLE.

MOOSE'S ANTLERS ARE ABOUT 6 FT WIDE. IT'S ALSO HOW FAR WE SHOULD SOCIALLY DISTANCE.



COVER IT.

COVER YOUR MOUTH

SNEEZES CAN BURST OUT AT 100 MPH, SO IT'S IMPORTANT TO COVER YOUR MOUTH - COUGH OR SNEEZE INTO YOUR ELBOW.

WEAR A FACE-COVERING IN PUBLIC SPACES.

REMEMBER TO AVOID TOUCHING YOUR FACE WITH YOUR HANDS.

DISINFECT.

HIGH TOUCH SURFACES.

CLEAN YOUR SINK, BATHROOM, DOORKNOBS, KEYS, AND DEVICES.

IF YOU TOUCH IT, CLEAN & DISINFECT IT. HOUSEHOLD CLEANERS AND WIPES WORK!



SPREAD FACTS NOT FEAR.