	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM	WXC/VB(25)	Swim(20)	WXC/VB(25)	Swim(20)	SB(22)	BB
7:00 AM	WXC(7)/TF(11)/SB(14)(32)	WLAX(17)	WXC/WBK/SB(full team 11/	MXC(18)/WLAX(17)(35)	Stunt(13)/TF(11)(24)	BB
8:00 AM	WXC(7)/TF(11)(18)		WXC(7)		TF(11)	BB
9:00 AM	MXC(18)/TF(11)(29)			MXC(18)	TF(11)	
10:00 AM	WSOC(30)/TF(3)/MBK	10:20 WBK(12)		10:30 WSOC(30)	WBK(12)/TF(3)	
11:00 AM	MXC(18)/Stunt(5)/SB(8)(31)		SB(8)			Swim(20)
12:00 PM	Stunt(5)					
1:00 PM	PRINT MBK Lift					
2:00 PM			MBK(Nov8)			
3:00 PM	MLAX(31)	MBK(19)	MLAX(31)	MBK(19)	MLAX(31)	
4:00 PM		MBK(19)		MBK(Nov 16)		
5:00 PM		BB 5-7pm		BB 5-7pm		
	VB	18				
	WSoc	30				
	MSoc	45?				
	MXC	36				
	WXC	22				
	WBK	12				
	MBK	19				
	Swim	20				
	MLAX	31				
	WLAX	17				
	BB	40				
	SB	22				
	MG					
	WG					
	STUNT	13				
	TF	35				
			170			
			205			