**Malone University Wellness Center**

**Appropriate attire for working out in the Wellness Center:**

1. **Workout shoes – no flip-flops, sandals or boots. Shoes that do not cover the forefoot do not protect the entire foot from injury, and should not be worn in the gym. Boots can be damaging to equipment.**
2. **Full-length shirt- The shirt should cover the full torso (chest and back, with no skin showing above bottoms). This policy is in place to protect against the transmission of viruses and infections.**
3. **Work out bottoms- Pants or shorts with belts, studs, rivets, or zippers are not permitted. They can tear the vinyl of workout pads and benches, causing germs and bacteria to grow within the** [**padding**](https://ritely.com/how-to-wear-gym-shorts/)**, posing risk to gym members.**

**Shorts cannot expose the buttocks.**

1. **Attire should be modest and in line with the Malone University mission standards. (see page 39 of the student handbook) Patrons who are not dressed according to these standards will be asked to change before returning to work out.**

**Adopted 10/01/2004**